



# 21 DAYS

*of*

# PRAYER & FASTING

*Awaken My Heart*



**TWO RIVERS  
BIBLE CHURCH**  
*no perfect people allowed*



# Awaken My Heart — Pray for Five

## 21 Days of Prayer & Fasting

March 15 – April 4

Two Rivers Bible Church

---

## Introduction

Two Rivers family,

Every once in a while we need to slow down and **seek the Lord more intentionally**.

Life moves fast. Work, family, responsibilities, and distractions can quietly crowd out the most important relationship we have—our relationship with God.

That's why we're setting aside **21 days as a church family** to pray, fast, and seek the Lord together.

This prayer guide is designed to help you focus your heart during these days. Each devotional will help you pray for two things:

- 1. Your own heart** — asking God to awaken your love and desire for Him.
- 2. Five people by name** — people you already know who you will pray for every day.

As best as you're able, consider choosing someone within the **Two Rivers family**—someone you see on Sundays, someone in your small group, or someone you serve alongside.

You'll notice space each day to write the names of the five people you're praying for. Keep those names in front of you and bring them to the Lord daily.

Remember, prayer is not about saying perfect words.

It's about **bringing people we care about before a God who cares even more**.

Let's ask the Lord to awaken our hearts and move powerfully among us.

— **Pastor Jesse Elizondo**  
**Two Rivers Bible Church**

---



# How to Use This Prayer Guide

Each day of the guide follows a simple rhythm to help you focus your time with God.

## 1. Read the Scripture

Begin by reading the passage slowly. Let the truth of God's Word shape your prayers.

## 2. Reflect

Read the short reflection and allow it to help guide your thoughts toward God and the people you're praying for.

## 3. Pray for Yourself

Ask the Lord to awaken your heart, deepen your faith, and help you grow closer to Him.

## 4. Pray for Your Five

Write the names of five people and pray for them every day throughout the 21 days.

## 5. Use the Prayer Prompts

The prompts are there to help guide your prayers if you're not sure what to pray.

## 6. Accept the Daily Challenge

Each day ends with a simple one-sentence challenge to help you live out what you prayed.

Even if you only have **10–15 minutes**, use this guide to focus your heart on God.

---

## What Is Fasting?

Fasting is a way of **creating space for God**.

Throughout Scripture, people fasted when they wanted to seek the Lord more deeply, pray more intentionally, or ask God to move in a powerful way.

Fasting simply means **giving up something for a time in order to focus more on God**.

For some people that may mean fasting from:

- a meal each day
- sweets or snacks
- social media
- entertainment
- or another distraction

When the thing you've given up comes to mind, use that moment as a reminder to pray.



Instead of reaching for that meal, snack, or screen, take a moment to say:  
“Lord, awaken my heart and move in the lives of the people I’m praying for.”

Fasting is not about proving something to God. It’s about **drawing closer to Him**.

---

---

## Choosing Your Five

One of the most powerful things we can do as a church family is **pray for one another**.

During these 21 days, we’re inviting everyone at Two Rivers to choose **five people they will pray for by name every day**.

As best as you are able, consider choosing someone **within the Two Rivers family**—someone you already see or serve alongside.

That could be:

- someone you sit near during Sunday worship
- someone from your small group
- someone on your volunteer team
- a family member who attends Two Rivers
- someone you’ve met but would like to encourage in prayer

Of course, if the Lord places someone else on your heart—such as a friend, coworker, or family member—feel free to include them as well.

The goal is simple:

**To lift one another up in prayer and ask God to work in our lives.**

Throughout this prayer guide you will see space to write the names of your five. Try to keep the same five people throughout the 21 days so you can consistently bring them before the Lord.

## My Five

---

---

---

---

---

---



## A Simple Prayer

Lord,

You know the people whose names are written here. Thank You for placing them in my life.

Over these next 21 days, help me faithfully bring them before You in prayer. Encourage them, strengthen them, and draw them closer to You.

And awaken my heart as I seek You.

Amen.

---

## Ways to Pray for Your Five

Sometimes when we sit down to pray, we aren't sure what words to say. That's normal.

Prayer doesn't have to be complicated. It simply means **bringing people we care about before the Lord** and asking Him to work in their lives.

Use these ideas anytime during the 21 days as you pray for the five people on your list.

### Pray for Their Relationship With God

• Lord, help them desire to know You more. • Draw them closer to You. • Help them experience Your love and truth. • Open their heart to the message of the gospel.

### Pray for Strength in Their Faith

• Strengthen their faith. • Help them trust You in difficult moments. • Encourage them through Your Word. • Remind them that You are near.

### Pray for Their Life Circumstances

• Give them wisdom in decisions they are facing. • Provide for their needs. • Bring peace into stressful situations. • Guide them in the direction You want them to go.

### Pray for Their Family and Relationships

• Bring peace and unity into their family. • Strengthen their marriages and friendships. • Help them forgive and experience restoration. • Surround them with people who encourage their faith.



## Pray for Protection

- Protect them from harm.
- Guard their hearts and minds.
- Lead them away from unhealthy influences.
- Surround them with Your presence.

## Pray That God Would Use You

- Lord, show me how I can encourage them this week.
- Give me the right words if an opportunity comes up.
- Help my life reflect Your love and grace.
- Use me to be a blessing to them.

### A Simple Prayer

Lord,

Thank You for the people You have placed in my life. Help me faithfully lift them up to You in prayer. Work in their lives in ways only You can.

Awaken their hearts and mine as we seek You together.

Amen.

---

## Prayer of Dedication

Two Rivers family,

Before beginning these 21 days of prayer and fasting, take a moment to dedicate this season to the Lord.

Prayer is not about perfect words or long speeches. It is simply about bringing our hearts—and the people we care about—before a God who listens and cares deeply for us.

As you begin this journey, read this prayer slowly and make it your own.

Lord,

As I begin these 21 days of prayer and fasting, I come before You with an open heart.

Thank You for inviting me into a relationship with You. Thank You for hearing my prayers and caring about the people in my life.

Over these next weeks, awaken my heart.

Help me desire You more than the distractions that often fill my days. Teach me to seek You through prayer and to trust You with the things I place in Your hands.



Lord, I lift up the five people I will be praying for during this season. You know their lives, their struggles, and their needs better than I do.

Encourage them, strengthen them, and draw them closer to You.

Use my prayers to bring hope, healing, and spiritual renewal in their lives.

And as our church family prays together during these 21 days, strengthen the unity of Two Rivers. Help us love one another well and carry each other in prayer.

Lord, we place this season into Your hands. Awaken my heart.

In Jesus' name,

Amen.

## My Commitment

- Pray daily for the five people on my list
  - Ask God to awaken my heart and deepen my faith
  - Seek the Lord through prayer and fasting
  - Trust God to work in ways I cannot always see
- 

## Daily Prayer Rhythm

Each day includes:

**Scripture**

**Reflection**

**Prayer for Myself**

**Prayer for My Five**

**Prayer Prompts**

**Fast Focus**

**One Sentence Challenge**

---



## Week 1 — Draw Near to God

### Memory Verse — James 4:8 (NIV)

“Come near to God and he will come near to you.”

During this first week, slow down and focus on your own relationship with the Lord. Ask Him to awaken your heart, renew your desire for Him, and help you become more aware of His presence in your daily life.

## Day 1 — Draw Near to God

### Scripture

**James 4:8 (NIV)** “Come near to God and he will come near to you.”

### Reflection

Two Rivers family, before we can faithfully pray for others, we first draw near to the Lord ourselves. Intercession begins with a heart that is close to God.

Over the next 21 days, we are asking God to **awaken our hearts**. When we fast and pray, we are making room for the Lord to work in us and through us.

As you begin today, remember that prayer is not about saying the perfect words. It is about bringing people before the Lord and trusting Him to move.

Today is simply about **coming close to God and beginning the journey of praying for your five**.

### Prayer for Myself

Lord, Awaken my heart to desire You more. Help me slow down and draw near to You during these days. Remove distractions that pull my attention away from You. Teach me to listen for Your voice and trust You as I pray.

### Prayer for My Five

---



---



---



---



---



## Prayer Prompts

Lord, Draw each of them closer to Yourself. Open their hearts to Your truth. Remove anything that keeps them from seeking You. Place people in their lives who reflect Your love.

### Fast Focus

When you feel the absence of something you have given up today—food, sweets, or media—let it remind you to pause and pray for your five.

### One Sentence Challenge

Pray for your five by name right now.

---

---

## Day 2 — A Heart That Seeks God

### Scripture

**Jeremiah 29:13 (NIV)** “You will seek me and find me when you seek me with all your heart.”

### Reflection

Two Rivers family, God promises that when we seek Him with all our hearts, **He responds**.

These 21 days are not just about praying for others. They are also about allowing God to stir something deeper inside of us—a greater hunger for His presence.

As you pray for your five today, remember that God cares about them even more than you do. Long before you started praying for them, **He was already at work in their lives**.

Your prayers matter. God uses the prayers of His people to open doors, soften hearts, and change lives.

### Prayer for Myself

Lord, Give me a deeper hunger for You. Help me seek You with my whole heart during these days. Increase my faith as I pray for others. Use my prayers to make a difference in the lives of the people I care about.

### Prayer for My Five

---

---

---



---

---

### Prayer Prompts

Lord, Awaken spiritual hunger in their hearts. Help them begin seeking You. Remove spiritual blindness or confusion. Help them experience Your love in a personal way.

### Fast Focus

Let hunger today remind you that your **deepest need is the presence of God.**

### One Sentence Challenge

Ask God to stir spiritual hunger in the hearts of your five.

---

---

## Day 3 — A Humble Heart

**Scripture Psalm 51:10 (NIV)** “Create in me a pure heart, O God, and renew a steadfast spirit within me.”

### Reflection

Two Rivers family, one of the most important prayers we can pray during this fast is the prayer David prayed: *“Create in me a pure heart.”*

Before God uses us to pray for others, He often begins by doing work inside of us. He reveals things in our hearts that need to change—attitudes, distractions, or habits that pull us away from Him.

This is not something to fear. It is actually a gift. When God cleans our hearts, He prepares us to pray with greater faith and compassion.

Today as you pray for your five, ask the Lord to also continue shaping your heart.

### Prayer for Myself

Lord, Search my heart and show me anything that needs to change. Create in me a clean heart that desires You above everything else. Remove pride and teach me to walk humbly with You. Help me pray for others with love and compassion.

### Prayer for My Five

---

---



---

---

---

---

### Prayer Prompts

Lord, Work in their hearts the same way You are working in mine. Show them their need for You. Remove anything that keeps them from turning toward You. Give them a desire to know You personally.

### Fast Focus

When you feel a craving today, pause and ask God to **shape your heart**.

### One Sentence Challenge

Ask God to change your heart so you can better love and pray for others.

---

---

## Day 4 — Listening to God

**Scripture Psalm 46:10 (NIV)** “Be still, and know that I am God.”

### Reflection

Two Rivers family, prayer is not only about speaking to God—it is also about **learning to listen**.

In the middle of busy schedules, constant noise, and endless distractions, it can be hard to slow down long enough to hear the Lord.

Fasting helps create space for stillness.

As you pray for your five today, take a moment to simply sit quietly before the Lord. Ask Him to guide your prayers and show you how He might want to use you in their lives.

Sometimes God answers prayer by opening a door for a conversation or giving you an opportunity to encourage someone.

When we slow down, we begin to notice those moments.



### Prayer for Myself

Lord, Help me quiet the noise around me so I can hear Your voice. Teach me to slow down and be still in Your presence. Guide my prayers today. Show me how You might want to use me to encourage the people I'm praying for.

### Prayer for My Five

---

---

---

---

---

---

### Prayer Prompts

Lord, Speak into their lives and guide them toward truth. Help them recognize Your presence. Send people who will share wisdom and encouragement with them. Give them a desire to seek Your guidance.

### Fast Focus

Let the quiet moments created by fasting become moments of listening to God.

### One Sentence Challenge

Spend two quiet minutes listening before you finish praying today.

---

---

## Day 5 — Trusting God With the Outcome

**Scripture Proverbs 3:5–6 (NIV)** “Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

### Reflection

Two Rivers family, one of the challenges of praying for others is that we often want to **see immediate results**. We pray for someone and hope things change right away.

But prayer is not about controlling the outcome. Prayer is about **trusting God with the outcome**.



The Lord is working in ways we cannot always see. He knows what is happening in the hearts of the people we are praying for. He understands their struggles, questions, and fears better than we ever could.

Our responsibility is simply to remain faithful—to keep bringing their names before the Lord and trusting Him to work in His perfect timing.

Today, as you pray for your five, release the pressure to make something happen and place your trust fully in God.

### **Prayer for Myself**

Lord, Help me trust You with the lives of the people I am praying for. Remind me that You are working even when I cannot see it. Give me patience and faith as I continue to pray. Teach me to rely on Your wisdom instead of my own understanding.

### **Prayer for My Five**

---

---

---

---

---

---

### **Prayer Prompts**

Lord, Work in their lives in ways I cannot see. Guide their steps toward truth and hope. Protect them from influences that lead them away from You. Draw them closer to Yourself.

### **Fast Focus**

When hunger reminds you of your fast today, use that moment to say, “Lord, I trust You with my five.”

### **One Sentence Challenge**

Release the outcome of your prayers to God and keep trusting Him.

---

## **Day 6 — Praying for Our Two Rivers Family**

**Scripture Galatians 6:2 (NIV)** “Carry each other’s burdens, and in this way you will fulfill the law of Christ.”



## Reflection

Two Rivers family, part of following Jesus, means **caring for one another**. We are not meant to walk through life alone.

As a church family, we share in one another's joys and burdens. Some people in our church may be facing challenges that we cannot see—stress at work, struggles in relationships, health concerns, or spiritual battles.

Today, in addition to praying for your five, take time to pray for **people within our own church family**. Pray for the people you serve with, your small group, our leaders, and the families who gather each week at Two Rivers.

When we pray for one another, we strengthen the unity of our church and invite God to work powerfully among us.

## Prayer for Myself

Lord, Help me love the people in our church family well. Give me a heart that cares about the needs of others. Show me how I can encourage someone this week. Use me to help strengthen the unity of our church.

## Prayer for My Five

---

---

---

---

---

## Prayer Prompts

Lord, Strengthen the people in our church family. Encourage those who may be discouraged or struggling. Protect our church from division and help us walk in unity. Continue working in the lives of every person who calls Two Rivers home.

## Fast Focus

Let your fast remind you that we depend on God together as a church family.

## One Sentence Challenge

Pray for someone in our church family and encourage them today.

---



## Day 7 — A Heart That Depends on God

**Scripture John 15:5 (NIV)** “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.”

### Reflection

Two Rivers family, Jesus reminds us that real spiritual fruit comes from **remaining connected to Him**.

It can be easy to think that we have to fix people’s problems or convince them to believe. But the truth is that transformation is something **only God can do**.

Our role is to remain close to Christ and faithfully pray.

As you pray for your five today, remember that God is the one who changes hearts. Your prayers are powerful not because of your words, but because of **the God who hears them**.

Stay connected to Him, and trust Him to do what only He can do.

### Prayer for Myself

Lord, Help me remain close to You. Remind me that I cannot change lives on my own. Teach me to depend on You more each day. Use my prayers to bear fruit in the lives of the people I’m praying for.

### Prayer for My Five

---



---



---



---



---

### Prayer Prompts

Lord, Draw them closer to Yourself. Work in their hearts in ways only You can. Remove anything that keeps them from seeking You. Lead them toward truth and hope.

### Fast Focus

Let hunger remind you that **your strength comes from staying connected to Christ**.

### One Sentence Challenge



Spend a moment thanking God that He is the one who changes hearts.

## Week 2 — Pray for Your Five

### Memory Verse — 1 Timothy 2:1 (NIV)

“I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people.”

This week we turn our attention toward the five people we are praying for each day. Ask the Lord to work in their lives, open doors for meaningful conversations, and draw them closer to Himself.

## Day 8 — Pray for Open Hearts

**Scripture Acts 16:14 (NIV)** “The Lord opened her heart to respond to Paul’s message.”

### Reflection

Two Rivers family, one of the most powerful things we can pray for someone is that **God would open their heart**. Spiritual understanding is not something we can force or argue someone into. It is something God does.

When Lydia heard the message about Jesus, the Scripture says the Lord opened her heart. That reminds us that God is always at work behind the scenes in people’s lives.

As you begin this second week, ask the Lord to soften the hearts of the people on your list. Sometimes the first step toward faith is simply a heart that becomes open to hearing truth.

### Prayer for Myself

Lord, Help me trust that You are working in ways I cannot see. Strengthen my faith as I pray for others. Give me patience as You move in their lives.

### Prayer for My Five

---



---



---



---



---

---

### Prayer Prompts

Lord, Open their hearts to Your truth. Remove anything that keeps them from listening. Soften the places in their hearts that have grown hard. Draw them toward Your love.

### Fast Focus

When you notice your fast today, pause and pray that God would open hearts.

### One Sentence Challenge

Ask God to soften the hearts of your five today.

---

---

## Day 9 — Pray for Spiritual Curiosity

**Scripture Matthew 7:7 (NIV)** “Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.”

### Reflection

Two Rivers family, sometimes faith begins with a question. Someone may not be ready to believe yet, but they begin wondering about God.

Curiosity can be the first step that leads someone toward truth. When people start asking questions about faith, purpose, or meaning, God is often already stirring something in their hearts.

Today pray that the people on your list begin asking deeper questions about life and about God.

### Prayer for Myself

Lord, Help me notice spiritual conversations when they happen. Give me wisdom and humility when people ask questions.

### Prayer for My Five

---

---

---



---

---

### Prayer Prompts

Lord, Awaken curiosity about You in their hearts. Help them begin seeking truth. Bring the right voices into their lives. Guide them toward Your Word.

### Fast Focus

Let hunger remind you to pray intentionally for each person.

### One Sentence Challenge

Pray that one of your five would begin asking spiritual questions.

---

---

## Day 10 — Pray for Conversations

**Scripture Colossians 4:6 (NIV)** “Let your conversation be always full of grace, seasoned with salt.”

### Reflection

Two Rivers family, God often answers prayer through **simple conversations**.

A moment of encouragement, a thoughtful question, or an honest conversation can open a door that leads someone toward truth.

Today ask the Lord to create opportunities for meaningful conversations with the people you are praying for.

### Prayer for Myself

Lord, Give me courage to speak when the moment comes. Help my words reflect Your grace and kindness. Teach me to listen well to others.

### Prayer for My Five

---

---

---



---

---

### Prayer Prompts

Lord, Create opportunities for meaningful conversations. Help them feel safe opening up about their lives. Give them people who speak truth and encouragement.

#### Fast Focus

Let your fast remind you to pray for opportunities.

#### One Sentence Challenge

Ask God for one meaningful conversation this week.

---

---

## Day 11 — Pray for Protection

**Scripture 2 Thessalonians 3:3 (NIV)** “The Lord is faithful, and he will strengthen you and protect you from the evil one.”

#### Reflection

Two Rivers family, spiritual battles are real. As we pray for others, we also ask God to protect them from influences that pull them away from truth.

Intercession means standing in the gap and asking the Lord to guard the hearts and lives of the people we care about.

#### Prayer for Myself

Lord, Help me pray faithfully for the people You have placed on my heart. Strengthen my faith as I intercede for others.

#### Prayer for My Five

---

---

---

---

---



---

---

**Prayer Prompts**

Lord, Protect them from harmful influences. Guard their hearts and minds. Guide their decisions and relationships.

**Fast Focus**

Pray protection over your five whenever they come to mind.

**One Sentence Challenge**

Speak a short prayer of protection for each name today.

---

---

## Day 12 — Pray for Faith

**Scripture Romans 10:17 (NIV)** “Faith comes from hearing the message.”

**Reflection**

Two Rivers family, faith grows when people hear truth and experience the love of Christ through others.

Today ask the Lord to place the message of Jesus clearly in the lives of the people you are praying for.

**Prayer for Myself**

Lord, Help me reflect Your love to others. Give me courage to share my faith when the opportunity comes.

**Prayer for My Five**

---

---

---

---

---

---

---

---



### Prayer Prompts

Lord, Help them hear the truth about Jesus. Bring believers into their lives. Open their hearts to the message of the gospel.

### Fast Focus

Let your fast remind you to pray that faith would grow.

### One Sentence Challenge

Ask God to grow faith in the hearts of your five.

---

## Week 3 — Stand in the Gap

**Memory Verse — Ezekiel 22:30 (NIV)** “I looked for someone among them who would build up the wall and stand before me in the gap on behalf of the land.”

In this final week we intentionally stand in the gap through intercession. Pray boldly for healing, wisdom, peace, and breakthrough in the lives of the people on your list, trusting that God is at work even when we cannot see it.

---

## Day 13 — Pray for Healing

**Scripture Psalm 147:3 (NIV)** “He heals the brokenhearted and binds up their wounds.”

### Reflection

Two Rivers family, many people carry wounds others cannot see. Some are hurting emotionally. Some are discouraged. Some are carrying disappointment, grief, or heavy burdens in silence.

Today we stand in the gap by asking God to bring healing where pain has taken root. He is still the God who binds up wounds and meets people in broken places.

### Prayer for Myself

Lord, Give me compassion for people who are hurting. Help me trust Your power to heal and restore. Teach me to pray with faith and tenderness.

### Prayer for My Five



---

---

---

---

---

### **Prayer Prompts**

Lord, Bring healing to their hearts. Comfort them in places of pain or disappointment. Restore hope where they feel discouraged.

### **Fast Focus**

Let hunger remind you that God sees the pain people carry.

### **One Sentence Challenge**

Ask God to bring healing where it is needed.

---

## **Day 14 — Pray for Wisdom**

**Scripture James 1:5 (NIV)** “If any of you lacks wisdom, you should ask God.”

### **Reflection**

Two Rivers family, life is full of decisions. Some people are trying to figure out relationships, family matters, finances, work decisions, or what to do next.

Today pray that God would guide the steps and choices of the people on your list. He is generous with wisdom and faithful to lead those who seek Him.

### **Prayer for Myself**

Lord, Help me seek Your wisdom in my own life. Teach me to trust Your guidance. Use my prayers to bring clarity into the lives of others.

### **Prayer for My Five**

---




---



---



---



---

**Prayer Prompts**

Lord, Give them wisdom for the decisions they face. Guide their steps. Help them recognize Your direction.

**Fast Focus**

Let your fast remind you that God is able to guide every step.

**One Sentence Challenge**

Pray for wisdom in their decisions.

---

## Day 15 — Pray for Peace

**Scripture John 14:27 (NIV)** “Peace I leave with you; my peace I give you.”

**Reflection**

Two Rivers family, many people are carrying stress, fear, and uncertainty. They may look fine on the outside while feeling anxious on the inside.

The peace Jesus gives is deeper than circumstances. Today ask God to meet the people on your list with His peace and steady their hearts.

**Prayer for Myself**

Lord, Fill my own heart with Your peace. Help me trust You in every situation. Use my life to bring calm and encouragement to others.

**Prayer for My Five**

---



---



---



---

---

**Prayer Prompts**

Lord, Calm their fears and anxieties. Bring peace into their minds and hearts. Help them sense Your presence.

**Fast Focus**

Let moments of hunger remind you that Jesus is the source of lasting peace.

**One Sentence Challenge**

Pray that the peace of Christ would meet them today.

---

---

## Day 16 — Pray for Families

**Scripture Joshua 24:15 (NIV)** “As for me and my household, we will serve the Lord.”

**Reflection**

Two Rivers family, families carry so much weight. There can be tension, distance, hurt, miscommunication, or simply the wear and tear of everyday life.

Today lift up the families connected to the people on your list. Ask the Lord to bring unity, healing, and strength in their homes.

**Prayer for Myself**

Lord, Help me love my own family well. Teach me to walk in grace, patience, and forgiveness. Use my prayers to bring peace into homes.

**Prayer for My Five**

---

---

---

---

---



---

---

### Prayer Prompts

Lord, Strengthen their families. Bring healing where there is tension or hurt. Restore peace and unity in their home.

### Fast Focus

Use your fast today to pray for peace in families.

### One Sentence Challenge

Pray for restoration in the families connected to your five.

---

---

## Day 17 — Pray for Purpose

**Scripture Ephesians 2:10 (NIV)** “For we are God’s handiwork, created in Christ Jesus to do good works.”

### Reflection

Two Rivers family, many people are searching for meaning. They want to know why they are here and what their life is supposed to count for.

Today ask God to reveal His purpose in the lives of the people on your list. He made them on purpose and for a purpose.

### Prayer for Myself

Lord, Remind me of the purpose You have given me. Help me live in a way that points others to You. Use my life to encourage others toward Your calling.

### Prayer for My Five

---

---

---

---

---

---



### Prayer Prompts

Lord, Help them discover the purpose You created them for. Guide them toward meaningful direction. Draw them closer to You as they search for meaning.

### Fast Focus

Let your fast remind you that true purpose is found in God.

### One Sentence Challenge

Pray that your five would discover God’s purpose for their lives.

---

---

## Day 18 — Pray for Freedom

**Scripture John 8:36 (NIV)** “If the Son sets you free, you will be free indeed.”

### Reflection

Two Rivers family, some people feel stuck in patterns, habits, fears, guilt, or burdens they do not know how to escape.

Today pray that Christ would bring freedom from anything that holds them back. Jesus still breaks chains and brings people into new life.

### Prayer for Myself

Lord, Remind me of the freedom I have in Christ. Help me pray boldly for those who feel stuck. Strengthen my faith as I intercede for them.

### Prayer for My Five

---

---

---

---

---

---

### Prayer Prompts

Lord, Bring freedom where they feel trapped. Break unhealthy patterns in their lives. Lead them into the freedom found in Christ.



### Fast Focus

When you feel the difficulty of fasting today, remember that true freedom comes from Christ.

### One Sentence Challenge

Pray for breakthrough and freedom today.

## Day 19 — Pray for Hope

**Scripture Romans 15:13 (NIV)** “May the God of hope fill you with all joy and peace as you trust in him.”

### Reflection

Two Rivers family, hope can run low when people are tired, discouraged, or walking through hard seasons.

Today ask God to fill the people on your list with hope. He is still able to lift weary hearts and remind people that their story is not over.

### Prayer for Myself

Lord, Strengthen my hope in You. Help me trust Your promises even when I cannot see the full picture. Use my words to bring encouragement to others.

### Prayer for My Five

---



---



---



---



---

### Prayer Prompts

Lord, Fill them with hope. Lift discouragement from their hearts. Help them see that You are still at work.



## Fast Focus

Let fasting remind you that God's promises are still true.

## One Sentence Challenge

Ask God to breathe fresh hope into their lives.

---

---

# Day 20 — Pray for Salvation

**Scripture John 3:16 (NIV)** “For God so loved the world that he gave his one and only Son.”

## Reflection

Two Rivers family, today we pray boldly and clearly that the people on our list would come to know Jesus.

No one is beyond the reach of God's grace. The same Savior who changed our lives is able to open blind eyes, soften hearts, and draw people to Himself.

## Prayer for Myself

Lord, Give me compassion for people who do not yet know You. Increase my faith as I pray for their salvation. Help me never lose hope in what You can do.

## Prayer for My Five

---

---

---

---

---

---

## Prayer Prompts

Lord, Draw them to Yourself. Open their hearts to the message of Jesus. Lead them to trust in Christ as Savior.

## Fast Focus

Let your fast remind you of the deep spiritual need people have for Jesus.



## One Sentence Challenge

Pray boldly for the salvation of your five.

---

---

## Day 21 — Pray for Courage

**Scripture Joshua 1:9 (NIV)** “Be strong and courageous... the Lord your God will be with you wherever you go.”

### Reflection

Two Rivers family, sometimes the next step is not only praying for others but also having the courage to encourage, invite, speak up, or simply be available when the opportunity comes.

Today ask God to strengthen you. He is with you, and He can use your life in ways you may not even realize.

### Prayer for Myself

Lord, Give me courage to speak when the moment is right. Help me walk in faith instead of fear. Use me to encourage the people I am praying for.

### Prayer for My Five

---

---

---

---

---

---

### Prayer Prompts

Lord, Prepare their hearts for encouragement and truth. Give me wisdom in how I respond to opportunities. Help me be faithful and bold.

### Fast Focus

Let your fast remind you that God will give you strength for what He asks you to do.



## One Sentence Challenge

Ask God to give you courage to encourage, invite, or speak about faith.

---

---

## Day 22 — Easter: Resurrection Hope

**Scripture Matthew 28:6 (NIV)** “He is not here; he has risen, just as he said.”

### Reflection

Two Rivers family, the resurrection reminds us that God brings life where there once seemed to be none.

For the past 21 days we have prayed, fasted, and brought people before the Lord by name. Some answers may already be visible. Others may still be unfolding quietly beneath the surface.

But because Jesus is alive, we can trust that God is still at work. Easter reminds us that nothing is too dead, too broken, or too far gone for the power of God.

### Prayer for Myself

Lord, Thank You for the hope of the resurrection. Awaken my heart to love You more deeply. Help me live in the power of the risen Christ.

### Prayer for My Five

---

---

---

---

---

---

### Prayer Prompts

Lord, Draw them to the hope found in Christ. Open their hearts to the truth of the gospel. Lead them to new life in Jesus.

### Fast Focus

As this season concludes, remember that fasting was about making space for God to move.

## **One Sentence Challenge**

Celebrate the resurrection and continue praying for your five.

---



# What Did God Do?

## Prayers Answered

---

---

## Conversations With My Five

---

---

## People Who Came to Church

---

---

---

## Prayers Answered

---

---

## Conversations With My Five

---

---

## People Who Came to Church

---

---

---

## Prayers Answered



---

---

**Conversations With My Five**

---

---

**People Who Came to Church**

---

---

**Prayers Answered**

---

---

**Conversations With My Five**

---

---

**People Who Came to Church**

---

---

---



## Share Your Story

**We would love to hear how God worked in your life during these 21 days of prayer and fasting.**

Maybe you saw:

- a prayer begin to be answered
- a meaningful conversation with one of your five
- someone come to church or ask questions about faith
- a change God made in your own heart

Even a small step can be a powerful testimony.

Take a moment to write a short note about what you experienced during these 21 days.

---

---

---

---

Your story may encourage someone else in their faith.

Two Rivers Bible Church



**TWO RIVERS BIBLE CHURCH**  
*no perfect people allowed*