

Building Margin Into Your Life

MARGIN: creating space for what really matters

Definition of Margin: The space between my current load (activities) and my breaking point (limits)

WITHOUT MARGIN WE GET:

- ❶ STRESSED OUT
- ❷ SELF-ABSORBED
- ❸ RELATIONSHIP POOR

WHY WE LIVE THIS WAY

- ❶ FEAR OF MISSING OUT
- ❷ GUILT OF UNDERPERFORMING
- ❸ FALSE BELIEF OF A 'SUPERMAN SYNDROME'

STEPS TO BUILDING MARGIN INTO YOUR LIFE

- ❶ ACCEPT YOUR HUMAN LIMITATIONS
(Psalm 119:96, Job 14:5 NiV)
- ❷ EXPECT TO HAVE PROBLEMS
(John 16:33, Proverbs 22:3)
- ❸ PRUNE YOUR ACTIVITIES PERIODICALLY
(1 Corinthians 6:12)
- ❹ DO LESS AND TRUST GOD MORE
(2 Corinthians 1:8-9)

Current Series: MARGIN: creating space for what really matters
Building Margin Into Your Life_Part2-by Pastor Jesse Elizondo (8/14/22).

Building Margin Into Your Life

Series: From Burnout to Balance

Definition of Margin: The space between my current _____ and my _____.

WITHOUT MARGIN WE GET:

- ❶ _____
- ❷ _____
- ❸ _____

WHY WE LIVE THIS WAY

- ❶ _____ OF MISSING OUT
- ❷ _____ OF UNDERPERFORMING
- ❸ FALSE BELIEF OF A ' _____ '

STEPS TO BUILDING MARGIN INTO YOUR LIFE

- ❶ ACCEPT YOUR HUMAN _____
(Psalm 119:96, Job 14:5 NiV)
- ❷ EXPECT TO HAVE _____
(John 16:33, Proverbs 22:3)
- ❸ PRUNE YOUR _____ PERIODICALLY
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- ❹ DO LESS AND _____
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