

Find Your Rest

A Study on the Book of Hebrews

Hebrews 4:1-11

Find Your Rest

Four Truths About Rest

- ❶ God rests at CREATION to give us a PATTERN.
(Genesis 2:2-3)

- ❷ Israel kept the Sabbath as a SIGN of their COVENANT with God. (Exodus 31:16-17)

- ❸ The Israelites found REST when they occupied the LAND.
(Joshua 21:43-45)

- ❹ We find PERFECT rest when we SURRENDER to Jesus.
(Matthew 11:28-29)

The Great Surrender

How to Surrender FOR REST

- ✓ TURN TO JESUS

- ✓ GIVE UP CONTROL

- ✓ LEARN TO TRUST AND FOLLOW

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