

# THE ANSWER IS EASTER

Emotions: Dealing with how you feel

## Various Passages

### 3 THINGS TO DO WHEN LIFE IT TOUGH.

❶ REACH FOR THE EXAMPLE OF JESUS.

❶ REACH OUT TO FRIENDS

❷ REQUEST AN ANSWER FROM GOD

❷ REMEMBER THE PROMISES OF GOD.

❸ RELY ON THE POWER OF JESUS.

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