

Sanctification: Guilt & Shame

Genesis 2:18-25, 3:7, Luke 15:20-21

✓ Guilt is falling short of a clear moral standard. Shame has more to do with falling short of a personal standard.

HOW GUILT AND SHAME INTERACT

- ❶ The most healthy way guilt and shame interact is when they work together.
- ❷ Guilt and shame can function independently from one another.
- ❸ Guilt and shame can work against one another.

DESTRUCTIVE PROGRESSION OF GUILT & SHAME

- ✓ When you walk in guilt and shame, a by-product of that is oftentimes anger.
- ✓ When self-hate exists, you will first abuse yourself.
- ✓ Then you allow or incite others to abuse you or take advantage you.
- ✓ There are times self-hate begins to roll out onto others.

HOW GOD RESOLVES GUILT AND SHAME

- ✓ Nothing drives out shame away from the heart more than being fully known yet still delighted in.
- ✓ God gives you innocence and gives you honor. Justification takes care of your guilt. Adoption takes care of your shame.

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- ❷ Guilt and shame can function _____ from one another.
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