

Sanctification: Fear & Anxiety

Genesis 1:28-31, 3:19, Matt 6:25-34

HOW FEAR AND ANXIETY WORK:

- ✓We have to do something with fear and anxiety because it is not in line with God's good and right design.
- ✓The more value you give specific things, the more fear and anxiety will rule and reign around those things.
- ✓If you exalt your children too much, your fear over them will consume you and rob you of the enjoyment of them .
- ✓Work hard, be good stewards, and then trust the Lord.

FIGHTING FEAR AND ANXIETY

- ✓The weapon we have been given to fight fear and anxiety is faith that God is ultimately good and reigns and rules over our lives in a way that is more rich in wisdom than our own reign over our lives.
- ✓It is a freeing thing to understand that you have no control.
- ✓The worst thing you can do with fear and anxiety is pretend you're strong and don't have it.
- ✓When God is your highest priority. You will get God, and He will be enough.

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