

## **Top 16 Drills**

1. Driving School & Go Shoot

2. Hit the Coach (Snow Ball Fight)

3. Come to Meet the Ball (Backward & Frwd)

**4. Round the Clock or Circle (Rondo)**

**5. Triangle - (Rondo)** or Passing (Spider Web or Receive/Pass/Run)

**6. Square or Center/Triangle/Circle (Rondo)**

7. 3X3 + 2

**8. Helps & Trimmings**

9. Pass/Run w/ball & w/shooting

10. Steal the Bacon

11. 6v4 Scrimmage

12. First to the Ball Shoots (2 Rows/Coach Inbetween/Throws Ball)

13. World Cup

**14. 1v1, 2v1, 3v3**

15. Long to Short Pass or Diagonal Long Passes/Shoot to Goal

**16. Shoot to Goalie**