WEEK 1	FIRST HALF			HALF TIME		SECOND HALF		
PLAYERS NAME	5 MINUTES	5 MINUTES	5 MINUTES		5 MINUTES	5 MINUTES	5 MINUTES	
Advanced	1		1			1		
Intermediate	2		2			2		
Beginner	3		3			3		
Beginner	4		4	5 MINUTES		4		
Advanced		5			5		5	
Intermediate		6			6		6	
Beginner		7			7		7	
Beginner		8			8		8	
WEEK 2	FIRST HALF			HALF TIME	SECOND HALF			
PLAYERS NAME	5 MINUTES	5 MINUTES	5 MINUTES		5 MINUTES	5 MINUTES	5 MINUTES	
Advanced		1			1		1	
Intermediate		2			2		2	
Beginner		3]	3		3	
Beginner		4		5 MINUTES	4		4	
Advanced	5		5			5		
Intermediate	6		6			6		
Beginner	7		7]		7		
Beginner	8		8]		8		

WEEK 3	FIRST HALF			HALF TIME		SECOND HALF		
PLAYERS NAME	5 MINUTES	5 MINUTES	5 MINUTES		5 MINUTES	5 MINUTES	5 MINUTES	
Advanced	1		1			1		
Intermediate	2		2			2		
Beginner	3		3			3		
Beginner	4		4	5 MINUTES		4		
Advanced		5			5		5	
Intermediate		6			6		6	
Beginner		7			7		7	
Beginner		8			8		8	
WEEK 4	FIRST HALF			HALF TIME	SECOND HALF			
PLAYERS NAME	5 MINUTES	5 MINUTES	5 MINUTES		5 MINUTES	5 MINUTES	5 MINUTES	
Advanced		1			1		1	
Intermediate		2			2		2	
Beginner		3]	3		3	
Beginner		4		5 MINUTES	4		4	
Advanced	5		5]		5		
Intermediate	6		6]		6		
Beginner	7		7]		7		
Beginner	8		8]		8		

WEEK 5	FIRST HALF			HALF TIME		SECOND HALF5 MINUTES5 MINUTES12			
PLAYERS NAME	5 MINUTES	5 MINUTES	5 MINUTES		5 MINUTES	5 MINUTES	5 MINUTES		
Advanced	1		1			1			
Intermediate	2		2			2			
Beginner	3		3			3			
Beginner	4		4	5 MINUTES		4			
Advanced		5			5		5		
Intermediate		6			6		6		
Beginner		7			7		7		
Beginner		8			8		8		
WEEK 6	FIRST HALF			HALF TIME	SECOND HALF				
PLAYERS NAME	5 MINUTES	5 MINUTES	5 MINUTES		5 MINUTES	5 MINUTES	5 MINUTES		
Advanced		1			1		1		
Intermediate		2			2		2		
Beginner		3			3		3		
Beginner		4		5 MINUTES	4		4		
Advanced	5		5			5			
Intermediate	6		6			6			
Beginner	7		7			7			
Beginner	8		8			8			

WEEK 7	FIRST HALF			HALF TIME	SECOND HALF			
PLAYERS NAME	5 MINUTES	5 MINUTES	5 MINUTES		5 MINUTES	5 MINUTES	5 MINUTES	
Advanced	1		1			1		
Intermediate	2		2			2		
Beginner	3		3			3		
Beginner	4		4	5 MINUTES		4		
Advanced		5			5		5	
Intermediate		6			6		6	
Beginner		7		-	7		7	
Beginner		8			8		8	