

# Getting Real About Worry

*Sermon Series: The Plastics*

Matthew 6:24-34 NLT

## **WHY IT'S SILLY TO WORRY**

*5 Reason why it's silly to worry...*

- ❶ Worry is INSANITY when you have the RIGHT master.  
(Matthew 24-25)
- ❷ Worry is IRRATIONAL because God LOVES you.  
(Matthew 6:26)
- ❸ Worry is INEFFECTIVE because it accomplishes NOTHING good. (Matthew 6:27)
- ❹ Worry is ILLOGICAL because you are VALUABLE to God.  
(Matthew 6:28-30)
- ❺ Worry is UNSPIRITUAL because it shows you don't TRUST God. (Matthew 6:31-32)

## **2 KEYS TO OVERCOMING WORRY**

*Priority - Focus*

- ❶ PUT GOD FIRST AND LIVE RIGHTEOUSLY.  
(Matthew 6:33)
- ❷ FOCUS ON ONE DAY AT A TIME.  
(Matthew 6:34)

Current Series: The Plastics

Getting Real About Worry\_Part4-by Pastor Jesse Elizondo (5/20/18).

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## **WHY IT'S SILLY TO WORRY**

*5 Reason why it's silly to worry...*

- ❶ Worry is \_\_\_\_\_ when you have the \_\_\_\_\_ master.  
(Matthew 24-25)
- ❷ Worry is \_\_\_\_\_ because God \_\_\_\_\_ you.  
(Matthew 6:26)
- ❸ Worry is \_\_\_\_\_ because it accomplishes \_\_\_\_\_ good.  
(Matthew 6:27)
- ❹ Worry is \_\_\_\_\_ because you are \_\_\_\_\_ to God.  
(Matthew 6:28-30)
- ❺ Worry is \_\_\_\_\_ because it shows you don't \_\_\_\_\_ God.  
(Matthew 6:31-32)

## **2 KEYS TO OVERCOMING WORRY**

*Priority - Focus*

- ❶ PUT GOD \_\_\_\_\_ AND LIVE \_\_\_\_\_.  
(Matthew 6:33)
- ❷ FOCUS ON \_\_\_\_\_ AT A TIME.  
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