



At Peace
A Study in Philippians
Philippians 4:2-9

Key Idea: i run at peace means I avoid peace barriers.

i-run at peace with people by avoiding close fisted disagreements (vs2-3)

1. Conflict destroys unity and hinders progress (v2)
2. Conflict is resolved by looking to God (v2)
3. Conflict often requires intervention (v3)

i-run at peace with myself by avoiding fruitless worry (vs4-7)

1. Cultivate a joyful perspective (v4-5)
2. Be “Big Hearted” knowing God’s got your back (v7)
3. Trade worry for trust (with thanksgiving) to find peace (v6)

i-run at peace with God by avoiding unsensored thinking (vs8-9)

1. What I think about profoundly influences my decisions (v8)
2. What I do determines whether or not I experience peace with God (v9)

☆ “i-run” Series - Part #9 Message by
Pastor Jesse Elizondo - (7/6/08).

Sermons Online @ www.tworiversbiblechurch.org

REALife Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

1. When you disagree with a family member, coworker, or employer, how do you react, as a “peace-faker”, “peace-breaker” or as a “peace-maker”? How does that influence their reaction? What would be the best way to respond in the face of disagreements?
2. Is there a person or persons that you have had “close fisted” disagreements with that God is calling you to make peace with? What would be your next steps to settle the issue or issues?
3. What are some concrete ways of cultivating a joyful perspective? How does it make you feel to know that God has your back amidst tough circumstances? What would be some ways to show God that appreciation?

Memory Verse

⁶Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4: 5-7