Getting Though the Tough Stuff
***Worry*☆**
Matthew 6:25-34

Characteristics of Worry

1. Unreasonable (v.25, 26 & 28)

2. Unproductive (v.27)

3. Unnecessary (v.30)

4. Uncharacteristic (v.31-32)

Reminded of 2 Things

1. Worry is a Faith Issue (v.30)

2. Worry is a Caring Issue (v.32)

Focus on One Priority =
God's Rule in Your Life Whereby you Live out Your Faith.

Application: Approach God (Ps 139:23-24)

☆ "Getting Though the Tough Stuff" Series - Part #3 Message by Pastor Jesse Elizondo - (8/17/08).
Sermons Online @ www.tworiversbiblechurch.org

REALife Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

1. What are some of the things that are currently occupying your mind to the point of worry? Based on Luke 10:38-42, how is that affecting your relationship with God? What was Jesus' challenge to Martha? What would that challenge look in your life?

2. What is the difference between the rest of creation and you? Why is it important to know that God cares for you? Look at 1 Pt 5:7 & Ps 94:19, how do these scriptures enhance your appreciation of God's care for you and help you with the issue of worry?

3. According to Ps 139: 23-24, why would it be important to search God on the issue of worry? What would be God's role in the process of searching one's heart? What would be ours?

4. What would be some ways we would approach God according to Phil 4:6-7; Ps 38:18; Ezek 4:16 & Matt 10:19? What area of your life do you struggle to surrender to God that brings worry and anxiety to you? (Group Prays for Each Other)

Memory Verse

33 "But seek first His kingdom and His righteousness, and all these things will be added to you. –Matt. 6:33