



REALife Application

Matthew 5:13

Our identity as salt: “*you are....*”

- Formed by God
- Necessary to people

Our influence as salty: “*salt of the earth.*”

1. Seasoning: Better taste of life.
2. Create thirst: Thirsty for the Kingdom.
3. Preservative: Counter the rot.
4. Antiseptic: Heal the wounds.

Our effectiveness as salt: “*....good for anything.*”

- We must get close.
- We must stay salty.

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

1. Note the contrast in tone between Matthew 5:10-12 with Matthew 5:13. What insights can you draw from this contrast?
2. How does being a Christian add a better “taste” to life? Give some specific examples of ways God has “enhanced” your life.
3. Of the various ways a Christian can influence the people around them, what ways have you seen to be the most impactful?
4. Have you ever seen a Christian “lose his saltiness”? What effect did it have on those around him/her?



Memory Verse

“You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled by men.”

