

Debt: Get Out & Stay Out !!



REALife Application

Proverbs 22:7

The Debtor's Prison

How to Get Out

- Build an Emergency Fund of \$1000.
- List debts from smallest to largest balance.
- Designate a fixed amount to pay each month.
- Pay the minimum on all but the lowest balance.
- Throw the rest at the debt with lowest balance.
- When 1st debt is gone, DO NOT alter the monthly amount. Put it all on the next lowest balance.

How to Stay Out

- Stop the Bleeding
- Transform your mind with scripture.
- Pray about it together.
- Become accountable to a trusted friend.
- Teach someone in debt what you are learning.

The Bottom Line

- COMMON SENSE SHOUTS...
..."DEBT IS A CONVENIENT TOOL!"
- uncommon cents whispers...
..."debt is a captivating trap."

This Week: Start your own debt snowball.

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

1. How did your family view debt when you were growing up? Have you followed that pattern?
2. What are some reasons people go into debt?
3. Make a list of ways you could come up with \$1000 in the next two weeks and share it with the group? How would an emergency fund of three months expenses help you?
4. Which makes more sense to you: building momentum with the debt snowball or paying off the debt with the highest interest rate first? Explain why?
5. What would it take for you to be accountable to another person for how you handle your finances?
6. Review your memory verses together. Share what God is teaching you as you meditate on these principles.



Memory Verse

"The rich rule over the poor, and the borrower is servant to the lender."

Proverbs 22:7

