

# *Developing Habits that will Transform Your Life: Studying Scripture-Part 1*

*In what way does God's Word transform our lives?*

## **Psalms 19:7-8**

1. God's Word will revive my soul (encouragement).
2. God's Word will strengthen my mind (wisdom).
3. God's Word will change my attitude (joy).
4. God's Word will brighten my life (perspective).

## **APPLICATION: Psalms 1:1-3**

1. Make the time to spend the time with God's Word.
2. We have to be a consistent reader.
3. Combine Bible study with behavior change.



Current Series: Developing Habits that will Transform Your Life:  
*Scripture Reading-Part 1...* Message by Pastor Jesse Elizondo - (1/11/09).  
Sermons Online at [www.tworiversbiblechurch.org/connected/sermons/](http://www.tworiversbiblechurch.org/connected/sermons/)

# REALife Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

1. What are some ways that the Word of God has encouraged you in the last week to a month? Share about a time when reading the Bible gave you joy, what were you reading about that caused that joy?
2. What has been the most profound piece of wisdom that you have ever learned from Scripture that you still go to when presented with life challenges? Why is it so significant to you and how has it helped you enjoy life better or avoid hardship?
3. Do you find yourself reading occasionally or consistently? Why do you think that is? Discuss with the group what could be some ways in which you could make regular Bible reading part of your daily routine.
4. When you read or listen to God's Word, do you apply what you have heard or do you listen and soon forget? What is an example of when you did that? Is there anyone that you trust that could keep you accountable to apply God's Word? What would it take for you to ask him/her to do so?



## **Memory Verse**

<sup>7</sup> The law of the LORD is perfect, reviving the soul.  
The statutes of the LORD are trustworthy, making wise the simple.  
Psalm 19:7