



REALife Application

John 20:24-31

1. What is Doubt?

BELIEF ← DOUBT → UNBELIEF

CERTAINTY

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DOUBTS ARE FINE...if they lead you to find out.

DOUBTS ARE FATAL...if they leave you in limbo.

2. How does God deal with our doubt?

God gives us proof to believe.

God promises blessing for believing.

3. What is the source of our doubts?

1. Intellectual – evidence

2. Lifestyle – desires

3. Emotional – pain

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

1. Do you consider yourself a believer or an unbeliever when it comes to Jesus? Do you wrestle with doubt? What specific doubts do you deal with?

2. How do you feel about the honest Thomas expresses in John 20:25? Do you feel that you can be honest with God and others about your doubts?

3. Read Jeremiah 29:13. What would you say is the difference between half-hearted and whole-hearted seeking? Why does God only promise to be found by whole-hearted seekers?

4. What is your next step on your journey to belief? What are you doing to seek help with your journey?



Memory Verse

Then Jesus told him, "Because you have seen me, you have believed; blessed are those who have not seen and yet have believed."

John 20:29