

The Secret of Sabbath Living ☆

Deut. 5:12-15 & Exodus 20:8-11

Definition of Margin: The space between my current load and my breaking point.

The Sabbath is connected to two things:

1. The Sabbath is connected to slavery, whereby God is our liberator (Deut. 5:12-15).

1. God's way of breaking our bondage to overwork.
2. A strategic withdrawal from work that is never done.

2. The Sabbath is connected to creation, whereby God is our re-creator (Exod. 20:8-11).

1. An act of personal re-creation.
2. A "Spa" for the soul.

Bottom Line: God invites us for Sabbath living so that He can free us from the bondage of overwork and renew us to wholeness in Him.

REALife Application

Scripture for the Week

Deuteronomy 5:12-15

¹²“Observe the Sabbath day by keeping it holy, as the LORD your God has commanded you. ¹³Six days you shall labor and do all your work, ¹⁴but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your ox, your donkey or any of your animals, nor the alien within your gates, so that your manservant and maidservant may rest, as you do. ¹⁵Remember that you were slaves in Egypt and that the LORD your God brought you out of there with a mighty hand and an outstretched arm. Therefore the LORD your God has commanded you to observe the Sabbath day.

Exodus 20:8-11

⁸“Remember the Sabbath day by keeping it holy. ⁹Six days you shall labor and do all your work, ¹⁰but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. ¹¹For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.



Current Series "Running On Empty"

The Secret of Sabbath Living_Part 2-Message by Pastor Jesse Elizondo (1/17/10).

<http://www.tworiversbiblechurch.org/connected/sermons/>

The Secret of Sabbath Living ☆

Deut. 5:12-15 & Exodus 20:8-11

Definition of Margin: The space between my current load and my breaking point.

The Sabbath is connected to two things:

1. The Sabbath is connected to _____, whereby God is our _____ (Deut. 5:12-15).
 1. God's way of _____ our bondage to _____.
 2. A strategic _____ from work that is _____.
2. The Sabbath is connected to _____, whereby God is our _____ (Exod. 20:8-11).
 1. An act of personal _____.
 2. A "Spa" for the _____.

Bottom Line: God invites us for Sabbath living so that He can _____ from the _____ of overwork and _____ to _____ in Him.

REALife Application

Scripture for the Week

Deuteronomy 5:12-15

¹²“Observe the Sabbath day by keeping it holy, as the LORD your God has commanded you. ¹³Six days you shall labor and do all your work, ¹⁴but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your ox, your donkey or any of your animals, nor the alien within your gates, so that your manservant and maidservant may rest, as you do. ¹⁵Remember that you were slaves in Egypt and that the LORD your God brought you out of there with a mighty hand and an outstretched arm. Therefore the LORD your God has commanded you to observe the Sabbath day.

Exodus 20:8-11

⁸“Remember the Sabbath day by keeping it holy. ⁹Six days you shall labor and do all your work, ¹⁰but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. ¹¹For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.



Current Series “Running On Empty”

The Secret of Sabbath Living_Part 2-Message by Pastor Jesse Elizondo (1/17/10).

<http://www.tworiversbiblechurch.org/connected/sermons/>